

# Programme SAIL Final 14th March 201

All times are subject to change - please listen for announcements

## Track - Straight

14:00	60m A String	Under 11 Girls
14:03	60m B String	Under 11 Girls
14:06	60m	Under 13 Girls
14:09	60m	Under 15 Girls
14:12	60m	Under 17 Women
14:15	60m	Under 20 Women
14:20	60m A String	Under 11 Boys
14:23	60m B String	Under 11 Boys
14:26	60m	Under 13 Boys
14:29	60m	Under 15 Boys
14:32	60m	Under 17 Men
14:35	60m	Under 20 Men
15:00	60m Hurdles	Under 13 Girls
15:05	60m Hurdles	Under 15 Girls
15:10	60m Hurdles	Under 13 Boys
15:20	60m Hurdles	Under 17 Women
15:25	60m Hurdles	Under 15 Boys
15:30	60m Hurdles	Under 20 Women
15:40	60m Hurdles	Under 17 Men
15:45	60m Hurdles	Under 20 Men

## Track - Circular

14:40	800m	Under 17 Women
14:45	800m	Under 17 Men
14:50	800m	Under 20 Women
14:55	800m	Under 20 Men
15:50	600m A String	Under 11 Girls
15:52	600m B String	Under 11 Girls
15:54	600m A String	Under 11 Boys
15:56	600m B String	Under 11 Boys
16:00	800m	Under 13 Girls
16:05	800m	Under 13 Boys
16:10	800m	Under 15 Girls
16:15	800m	Under 15 Boys
16:20	200m	Under 13 Girls
16:24	200m	Under 15 Girls
16:28	200m	Under 17 Women
16:32	200m	Under 20 Women
16:35	200m	Under 13 Boys
16:38	200m	Under 15 Boys
16:41	200m	Under 17 Men

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16:44	200m	Under 20 Men
16:50	300m	Under 17 Women
16:55	300m	Under 15 Girls
17:00	400m	Under 15 Boys
17:05	400m	Under 17 Men
17:10	400m	Under 20 Women
17:15	400m	Under 20 Men

**Field**

12:30	Long Jump	Under 13 Boys
13:00	High Jump	Under 17 Women
13:00	High Jump	Under 20 Women
13:00	High Jump	Under 15 Girls
13:00	High Jump	Under 13 Girls
13:00	Shot Putt	Under 17 Men
13:00	Long Jump	Under 15 Boys
13:30	Shot Putt	Under 20 Women
13:30	Long Jump	Under 17 Men
13:30	Shot Putt	Under 17 Women
13:30	Long Jump	Under 20 Men
14:15	Long Jump	Under 20 Women
14:15	Shot Putt	Under 15 Boys
14:15	Long Jump	Under 17 Women
14:45	Shot Putt	Under 13 Boys
14:45	Long Jump	Under 15 Girls
14:45	Shot Putt	Under 15 Girls
15:00	High Jump	Under 17 Men
15:00	High Jump	Under 15 Boys
15:00	High Jump	Under 20 Men
15:00	High Jump	Under 13 Boys
15:15	Long Jump	Under 13 Girls
15:30	Shot Putt	Under 13 Girls
16:00	Standing Long Jump B String	Under 11 Boys
16:00	Shot Putt	Under 20 Men
16:00	Triple Jump	Under 20 Men
16:00	Standing Long Jump B String	Under 11 Girls
16:00	Triple Jump	Under 17 Men
16:30	Triple Jump	Under 20 Women
16:30	Standing Long Jump A String	Under 11 Boys
16:30	Standing Long Jump A String	Under 11 Girls
16:30	Triple Jump	Under 17 Women

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